



## Lifespan Local, SW Denver, Scope of Work for Community Consultants Overview of Lifespan Local Work

Mission: Our mission is to cultivate community well-being through partnerships with local residents and community champions.

## Lifespan Local Goals:

- 1.The Power of Place Creating spaces that are child and family centered and developing family support services
- 2.A Focus on Housing Bringing attainable housing within reach of residents
- 3. Mental Health Increasing access to mental health services and supports
- 4. Healthy Food Increasing access to healthy food and food education
- 5. Economic Development Supporting the economic development of individuals and organizations through trainings, convenings, and community organizing
- 6. Nurturing Networks Fostering community identity and enhancing the network of resources available to community members

The neighborhoods included in Community Partnership work with Lifespan Local are:

West Colfax
 Villa Park
 Sun Valley
 Barnum West
 Barnum
 College View

6. Valverde

Join Lifespan Local's Public Health Team if you are interested in supporting the health of your community! Bilingual Required – English and Spanish.



## **SCOPE OF WORK**

## <u>Lifespan Local, Southwest Denver Public Health Education</u> Consultant Goals:

- 1. Support the work of Lifespan Local with Community Health Education regarding COVID-19, heart health, diabetes, nutrition and active living.
  - a. Attend trainings to gain knowledge on common health concerns in our community.
  - b. Relay educational materials to community members on the topics of:
    - i. Heart health
    - ii. Diabetes
    - iii. Nutrition
    - iv. Active Living
    - v. Promoting self-advocacy for health
    - vi. Resources for addressing health concerns
    - vii. Covid 19, testing, vaccines, and health services.
    - viii. Information on health disparities affecting our communities and health promotion education to address said disparities
  - c. Lead trainings for the community on COVID-19, COVID recovery, nutrition, heart health, active living, diabetes and other common health issues.
  - d. Develop and maintain relationships with community partners and health experts to provide education and resources.
  - e. Community conversations to learn from residents what public health education and resources would benefit the community
    - i. Participate in additional trainings as requested to be able to deliver information on these topics.
  - f. Complete appropriate documentation of community interactions and questions.
  - g. Submit timely documentation

**Expected work hours:** 20 hours/week (includes scheduling, travel, note-taking, follow-up)

Pay Rate: \$28/hour

To Apply: Please send Resume to ken@lifespanlocal.org